

CARA BROOKINS

BIO

Cara Brookins is best known as "the mom who built her own house using YouTube tutorials".

She's also a professional speaker and the author of eight books, including *Rise, How a House Built a Family*, which tells the story of building her 3,500 square foot house with the help of her four children by Googling things like how to do foundation work, install plumbing, and run gas lines. News of Cara's story went viral in more than 75 countries and has been viewed more than two billion times. *Rise*, has now been optioned to become a major motion picture.

When she isn't mixing concrete, quilting, or working in her garden, Cara continues to write and delivers programs around the world that inspire audiences to achieve their biggest dreams.



MICHELLE JOYCE

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