

# COLETTE CARLSON



Delivering laugh-out-loud programs with solid takeaways, Colette helps leaders and teams change behaviors that impact their relationships, revenue, and results. How to create effective connections, and leverage them for greater success, is the thread that is woven into every one of her presentations.

With a Master's Degree in Human Behavior, a fascination with communication trends, and extensive experience in the personal development industry for over 20 years, Colette knows the difference between trendy topics and timeless truths when it comes to successful business practices.

## The New Rules of Virtual Connection

The common denominators of the most successful people are the ability to effectively communicate and connect, regardless of the situation or audience.

In today's competitive world filled with a global workforce, virtual meetings, numerous communication challenges, and daily digital distractions, getting your message heard has never been more challenging. Clear, concise communication is no longer enough to get results: *connection must be part of the equation.*

In this virtual presentation, designed for leaders and teams working remotely, Colette provides specific techniques to connect and communicate on a deeper level to form crucial relationships that drive productivity, engagement, and collaboration.

## Take Control or Let It Go

Quarantines, travel restrictions, remote work (with children underfoot), isolation, and financial loss all contribute to a feeling of lack of control.

This overwhelming sense can increase stress, worry, and anxiety because you feel you don't have the proper resources to handle what's in front of you.

In this virtual presentation, designed for leaders and teams working remotely, Colette provides strategies to eliminate pressure and panic by learning how to take control or let things go.

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[Colette's Website](#)  
[Sizzle Reel](#)

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