

RACHEL MAHONEY

COMMUNICATION AND LEADERSHIP EXPERT AND KEYNOTE SPEAKER SPECIALIZING IN HUMAN CONNECTION AND RELATABILITY

IMPORTANT LINKS

CLICK the links below for:
Speaker Peview Video
Speaker Website

AREAS OF IMPACT

Leadership
Business Communication
Customer Experience
Workplace Culture
Sales

BOOK RACHEL

Please contact
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MICHELLE JOYCE
SPEAKERS

MEET RACHEL



Rachel Mahoney, formerly known as Rachel DeAlto, is an award-winning keynote speaker, bestselling author, and human connection expert who is changing the way we understand ourselves and each other.

With a background in law and psychology, Rachel brings a unique perspective to what makes people connect, communicate, and thrive. Her work explores the human side of leadership, relationships, and everyday interactions, challenging the assumptions we make about others and reminding us how much we have in common.

On stages around the world, Rachel helps leaders and teams build trust, strengthen relationships, and create cultures where people feel valued, understood, and connected. She is the author of *The Relatable Leader: Create a Culture of Connection and relatable: How to Connect with Anyone Anywhere (Even if It Scares You),* blending research, personal stories, and practical insights that make human connection both accessible and actionable.

Rachel is also the creator and host of *SEEN with Rachel Mahoney*, a YouTube original conversation series that goes beyond first impressions to uncover the stories, struggles, and experiences that shape who we are. Through candid conversations with people from all walks of life, *SEEN* explores what happens when we look beyond what we think we know about someone and discover the person underneath.

Her perspective has made her a trusted voice across media and social platforms, where she shares stories that challenge judgment, spark empathy, and celebrate our shared humanity. Rachel has appeared as an expert on Lifetime's Married at First Sight, TLC's Kate+Date, and more than 200 national media outlets. Her TEDx talk, Being Authentic in a Filtered World, is featured on TED.com.

Rachel holds a Juris Doctor and a master's degree in psychology and has earned the prestigious Certified Speaking Professional® (CSP) designation. She has been recognized as a Global Guru in Communication and one of Real Leaders' Top Impact Speakers.

Whether she's on stage, behind the microphone, or sharing a story that reaches millions, Rachel's work is rooted in one belief: The more we understand each other, the more connected we become.

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TESTIMONIALS



“Intelligent, witty, engaging, passionate, and relatable… just a few of the ways our staff described Rachel following her keynote during our annual ALL IN meeting. From the start of her keynote, she brought our team together. Rachel helped everyone learn how building relationships can be their superpower with each other, clients, family, and friends. Don’t wait - hire Rachel today!”

– EVAN F., SENIOR VICE PRESIDENT, BUSINESS SOLUTIONS, MADISON SQUARE GARDEN ENTERTAINMENT

“Rachel provided an energetic and captivating keynote at our leadership conference on how to be more relatable that resonated with attendees. She helped people discover how to better connect, listen, and be more empathetic. It is a subject relevant for all business leaders and she received rave reviews.”

– SAMANTHA A.M. BEELER, PRESIDENT, LEAGUE OF SOUTHEASTERN CREDIT UNIONS

“Rachel’s keynote at our annual convention was simply fantastic. Her energy and positivity were amazing, and she really connected in a personal way with our audience. Rachel was well-prepared, provided great content, and was fun to watch.”

– PATRICK CONWAY, PRESIDENT & CEO, CROSSSTATE CREDIT UNION ASSOCIATION

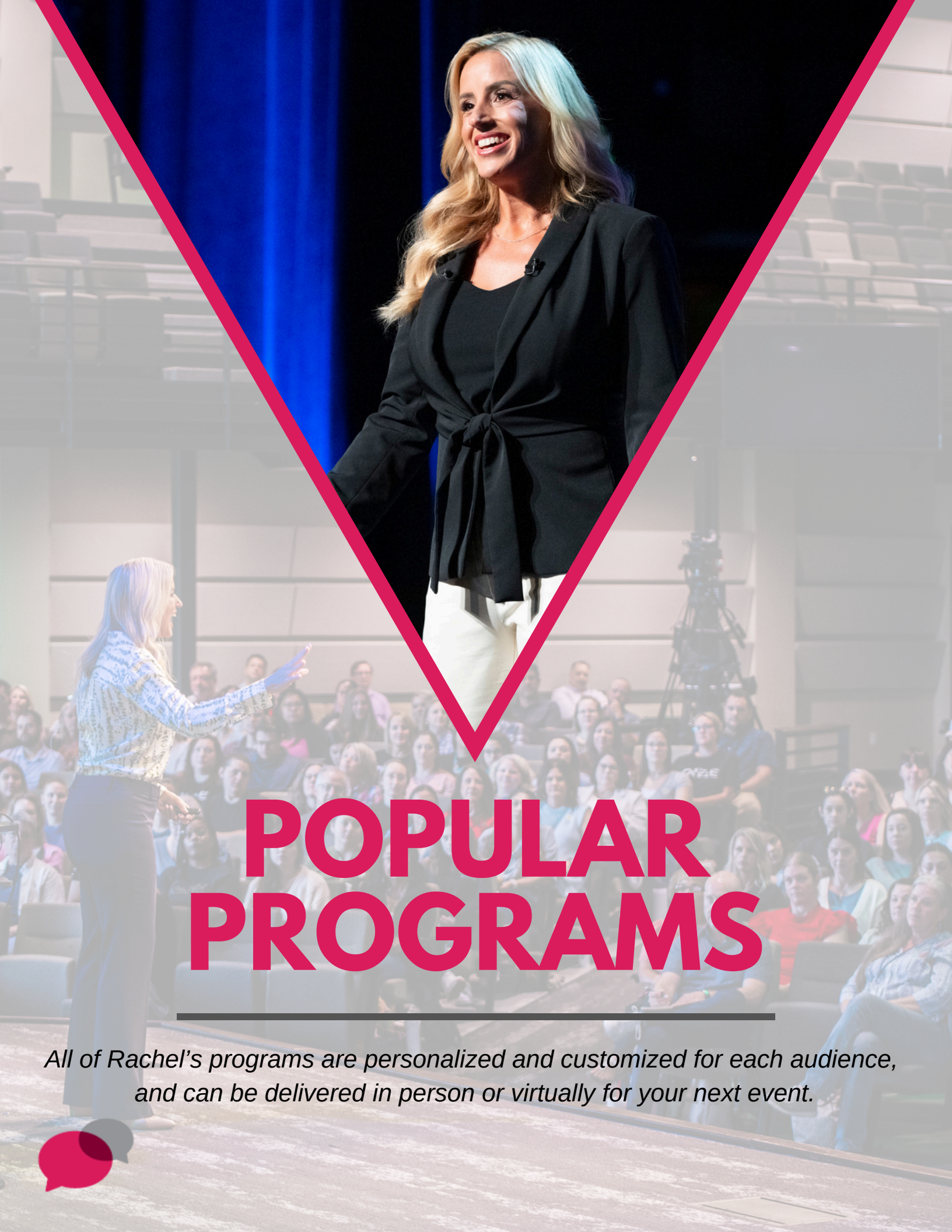
“Some of the best feedback we received from our attendees were on the two sessions that Rachel presented. Our attendees describe her as engaging, relevant, funny, and informative. She provided techniques that could immediately be implemented in the workplace. Rachel’s sessions should be required at every conference, and we can’t wait to work with her again in the future!”

– NICOLE S., DIRECTOR OF FINANCE & CUSTOMER CARE

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POPULAR PROGRAMS

All of Rachel's programs are personalized and customized for each audience, and can be delivered in person or virtually for your next event.



BE THE LEADER THEY BELIEVE IN

What makes people trust you, speak up, and want to give their best

Every team gives its leader their time. The best leaders earn something more: their trust.

People decide about their leaders every day. Not just in performance reviews or big announcements, but in the moments that are easy to miss. How you respond when someone disagrees. How you follow through. Who you recognize. How you show up when someone needs you.

Behind those moments are questions your people may never ask out loud:

Can I trust you? Do you see what I'm capable of? Does my work matter here?

How a leader answers those questions shapes what people are willing to say, try, and commit to.

In *Be the Leader They Believe In*, Rachel Mahoney uses true stories chosen for your audience, and her background in psychology, to show how everyday communication builds credibility, commitment, and performance.

Leaders leave able to:

- Build trust through consistency and care
- Deliver difficult messages with clarity
- See and name the potential in others
- Earn real contribution instead of compliance

Optional SEEN moment: When the group is open to it, Rachel can bring the experience to life by spotlighting a member of your leadership team, revealing the personal stories, experiences, and perspectives that allow audiences to see a familiar leader in an entirely new light.

Ideal for: leadership conferences, management meetings, executive retreats, emerging leader programs, and organizations working on trust, engagement, retention, or change.

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THE TEAM EVERYONE WANTS TO BE ON

Why some teams click, others clash, and how to close the gap

What makes a team great often isn't what people say out loud. It's everything in between.

The check-in after a hard meeting. The assumption someone finally asks about. The colleague who shares an idea because they know they'll be heard. The seemingly small moments that ultimately shape trust, strengthen relationships, and determine how effectively people work together.

Underneath it all, people are asking questions that never make the meeting agenda:

Can I count on you? Can I ask you for help? Are we on the same side? The answers shape the team people experience every day.

In *The Team Everyone Wants to Be On*, Rachel Mahoney uses true stories chosen for your audience, plus humor and practical strategies, to show what separates teams that simply work together from teams people want to be part of.

Audiences leave knowing how to:

- Make it easier for people to speak up and ask for help
- Communicate through friction and across differences
- Challenge assumptions before they harden into silos
- Take real responsibility for one another's success

Optional SEEN moment: When appropriate, Rachel can bring the power of connection to life by spotlighting team members and uncovering the unexpected stories, experiences, and perspectives their colleagues may never have known.

Ideal for: company-wide meetings, team events, association conferences, and organizations facing silos, communication breakdowns, or disengagement.

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WHY THEY CHOOSE YOU

How to become the person customers trust, remember, and recommend

Customers don't always tell you why they choose you, but they feel it in every conversation.

Every interaction gives them another reason to come back, and to tell someone else about you. Whether you're selling a product, delivering a service, or managing a long-term client, people are deciding based on questions they may never ask out loud:

Will you tell me the truth? Do you understand what matters to me? Will you still be here after the sale?

How you answer can become your biggest competitive advantage.

In *Why They Choose You*, Rachel Mahoney uses true stories chosen for your audience, plus psychology, humor, and practical communication tools, to show what customers actually value and how trust gets built across the whole relationship.

Audiences learn how to:

- Ask better questions and hear what really matters
- Communicate value beyond price
- Build confidence in everyday interactions
- Become the person customers come back to and recommend

Optional SEEN moment: When the group is open to it, Rachel can spotlight someone from your own organization, revealing the story behind a familiar face and the person your customers see every day.

Ideal for: sales kickoffs, client experience conferences, luxury brands, service organizations, and relationship-driven businesses.

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